

APA Committee on Early Career Psychologists (CECP) 2022 Annual Report

Board/Committee Members:

Rebecca Richey, PsyD (2022 Chair/SPTA Representative); Jacks Cheng, PhD (2022 Vice-Chair/Public Interest Representative); Joshua G. Kellison, PhD (Education Representative); Laura Dryjanska, PhD (Divisions Representative); Dante D. Dixson, PhD (Science Representative); Julia E. Cartwright, PhD (Practice Representative)

Staff Liaison(s):

Toni Minniti, PhD; Zeljka Macura, PhD; Allison Gillens, MPS

Awards and Grants

At the beginning of 2022, the committee and APA staff re-examined CECP awards and grants' criteria and review process. The committee also brainstormed ways to further disseminate award and grant call announcements through diverse spaces and networks (e.g., SPTAs, Divisions, etc.). The committee gave out awards for their Convention Grant, Early Career Achievement Award, and Early Career Service Grants. CECP granted 20 ECPs an award. Providing these awards will continue to allow CECP to engage with and deliver value to APA members.

Leadership and Professional Development Support

Throughout the year, CECP has worked on organizing activities to provide leadership and professional development opportunities for ECPs which help prepare the discipline and profession of psychology for the future. In collaboration with the APA Communications Office and the American Psychological Association of Graduate Students (APAGS), CECP hosted the virtual Emerging Leaders Network pre-convention event to incorporate career development opportunities and training for ECPs who were not able to attend APA Convention.

Programming included workshops focused on how to get involved in APA governance, mentorship, media and networking training, Q&As with the APA President, Chiefs, and CEO, as well as guidance about student loan forgiveness and licensing. At the APA Convention, CECP sponsored six ECP focused programs that provided information about mentorship; anti-racism efforts; equity, diversity, and inclusion (EDI) initiatives; and improving writing skills.

Furthermore, CECP developed the video series "How We Got Here?" where ECP guests discussed their career trajectories and shared advice on how to excel as an ECP within their-respective fields. These video series are provided at APA's PsycCareers virtual job fairs for ECP attendees who need guidance on various career paths in psychology.

Finally, the committee is revising their APA webpages to enhance the quality and accessibility of available resources developed for ECPs. Promoting these resources will reinforce APA's

standing as an authoritative voice for psychology as well as elevate the public's understanding of, regard for, and use of psychology.

Collaboration Efforts

To enhance relations with APA groups and external associations, the committee has strategically discussed their liaison assignments and chosen relevant groups to interact with on a consistent basis. To improve communications with liaisons and potential collaboration opportunities between the groups, the committee has re-launched their CECP listserv that provides activity updates to their liaisons and surveyed liaisons about communication efforts.

Throughout these past few months, the committee has collaborated with several internal and external liaisons to help support the needs of ECPs. Specifically, at the APA Convention CECP collaborated with the following boards, committees, offices, and organizations to enhance ECPs' convention experience:

Emerging Leaders Pre-convention Week

- Webinar session with the Committee on Disability Issues in Psychology (CDIP) on "Building a Community for ECPs with Disabilities through Peer Mentorship"
- Webinar session with the Caucus on Utilization of New Talent (COUNT) on "Demystifying the APA Council of Representatives: Why & How to Serve"
- Webinar session with APA's Advocacy Office on "Student Loan Forgiveness"
- Webinar session with Association of State and Provincial Psychology Boards (ASPPB), National Register of Health Service Psychologists (National Register), and Association of Psychology Postdoctoral and Internship Centers (APPIC) on "Licensure and Mobility for Students and ECPs"
- Collaboration with APA Communications Office regarding webinar on media training and networking

Convention

- American Professional Agency sponsored ECP social hour
- ASPPB sponsored ECP coffee break
- National Register sponsored "2022 APA Committee on Early Career Psychologists/National Register of Health Service Psychologists Convention Travel Grant" to help support travel to APA convention for 15 ECPs

Moreover, to promote CECP's goal of recognizing the work of ECPs, the committee is coordinating with APA's Communications Office on developing mechanisms to identify ECP experts across topics who can make significant contributions to APA media platforms. The committee is also working with APA Membership on ways of welcoming ECPs to APA and bringing awareness to ECPs about resources available for them to utilize as an APA member. Improving collaboration efforts among APA groups will help build a stronger organization and increase organizational effectiveness.