



## Canadian Council of Professional Psychology Programs Conseil canadien des programmes de psychologie professionnelle

### CCPPP Report to Council of Chairs of Training Councils (CCTC)

March 6, 2023

The Canadian Council of Professional Psychology Programs (CCPPP) represents the various university-based psychology programs and psychology internship settings in Canada that train professional psychologists such as clinical psychologists, counselling psychologists, and clinical neuropsychologists, as well as other branches of professional psychology. Current membership includes 118 sites from across Canada (53 university sites and 65 internship sites). Our priorities as a group are to foster communication among our members related to professional psychology training and to promote high standards of training through the development and implementation of policies that are conducive to such standards through a socially responsive lens.

### Canadian Council of Professional Psychology Programs Executive Board Membership

Name	Position for 2022-2023
Dr. Amanda Maranzan	President
Dr. Sue Vander Morris	Past President
Dr. Diane LaChapelle	President-Elect
Dr. Emily Piper	Secretary
Dr. Patricia (Trish) Furer	Treasurer
Dr. Brad Hallam	Member-at-Large
Dr. Emma Climie	Member-at-Large
Dr. Sara Hagstrom	Canadian Psychological Association / CCPPP Board of Directors Partner Seat
Ms. Alanna Johnson	Student Representative

### CCPPP Initiatives and Activities

The CCPPP Executive meet monthly over zoom, in addition to twice yearly in-person meetings. Our next in-person meeting is happening in Montreal, QC, April 12-14, 2023. As a result of our monthly meetings, we produce and share via an email distribution list, executive updates that summarize important information and provides the membership opportunities to engage. We continue to operate a popular discussion forum accessible only by members as a means to encourage communication in real time. Members primarily use the discussion forums to seek advice, consultation, or input, but also to share resources and tools.

### Residency Application Cycle 2022-2023

- The CCPPP executive continued to strongly recommend our member programs provide a national unified front by offering only virtual interviews during the 2022-23 interview cycle and on a permanent basis moving forward. This was the 3<sup>rd</sup> year of virtual interviews triggered originally by COVID-19 restrictions and was strongly endorsed moving forward from an equity standpoint. The CCPPP Executive promoted ongoing consideration of the impact of the global COVID-19 pandemic on applicant's direct practicum hours with a goal of ensuring residency programs are considering the merits of applications through a socially responsive lens.

#### Educational Initiatives:

- This is Year 3 of the CCPPP National Seminar Series and Dr. Michael Vallis presented in the fall on Behaviour Change in Chronic Disease Management to approximately 175 registrants. This month, approximately 200 registrants are registered to explore the topic of Overcoming Imposter Syndrome, led by Ms. Rebecca Ponting, MEd. Finally, in May 2023 trainees will hear from Dr. Josephine Tan about Social Justice and Decolonization with First Nations Clients. As always, we want to ensure ongoing equitable access to training for every trainee in a graduate professional psychology program. To learn more about the development of this National Seminar series, please read the article featured in Canadian Psychology, entitled: Increasing equitable access to training opportunities: Introducing the national training seminar series (2022).
- This year's CCPPP Pre-Convention Sponsored Workshop for the June 2023 CPA Convention will focus on the importance of a collaborative approach to formal remediation between academic and residency programs.

#### Anti-Racism Working Group

- The CCPPP Working Group Against Racism and Discrimination in Canadian Psychology Training and Practice was formed in August 2020 to meet the commitments outlined in the 2020 CCPPP Statement Against Racism and Discrimination. This working group is composed of psychology students, faculty, and professional psychologists with representation across Canada. Working group members are divided into three subgroups, each working to reduce social disparities at a specific developmental stage of a psychologist's career and have begun to circulate important information and reports from the work that they are doing. They are currently advertising to hire a student to assist with managing their technological needs. Some updates from their work:
  - Subgroup One: Working on initiatives that hinder diversification of the field prior to entering graduate school
    - Facilitation of a process / tool kit / resources to support entering high schools that have a high enrollment of students from under-represented groups
    - Advocacy work and communication with the CPA Accreditation Panel regarding the importance of collecting data on identity.
    - Survey Graduate Programs regarding admissions and application process
    - Exploration of Mentorship opportunities and support mechanisms for under-represented students in the field of psychology
  - Subgroup Two: Exploring initiatives to increase the availability of diverse practica experiences in Graduate training
    - Creation of co-supervision guidelines to allow graduates students to receive clinical training in areas where marginalized individuals may be seeking services (e.g. community based organizations that address shelter and risk of homelessness, multicultural agencies)
  - Subgroup Three: Exploring levels of social justice values and exposure to advocacy training in professional practice psychologists
    - Survey created, distributed, and analyzed found themes related to time constraints, lack of organizational supports, and lack of knowledge on how to action on advocacy
    - Future plans to create recommendations and guidelines for increasing training and opportunities in social justice and advocacy

#### CCPPP Residency Finances Working Group

- A survey was sent to trainees who were on placement in residency programs during the 2021-2022 cycle. Ninety percent of surveyed residents responded and results were compiled into a report that is

available on our CCPPP website. In parallel, and in response, a group of Training Directors representing both Academic and Residency Programs have formed a Finances Working Group to further develop advocacy efforts to address the financial concerns.

- Given the salience of this issue to the training community, half of the CCPPP Town Hall will be dedicated to a round table discussion and roll out of the Training Directors Finances Working Group recommendations for advocacy.

Other updates of note:

- CPA/CCPPP/ACPRO continue to meet bi-monthly for knowledge sharing and consideration of pandemic processes.

Respectfully submitted by Dr. Amanda Maranzan, C. Psych., President, Canadian Council of Professional Psychology Programs (CCPPP).